



# BASIS study newsletter

Bracing Adolescent Idiopathic Scoliosis – night-time versus full-time bracing in adolescent idiopathic scoliosis

ISSUE 12 JUNE 2025

The hospitals taking part in BASIS and BASIS2 are:

- Sheffield
- Alder Hey
- Birmingham
- Cardiff
- Newcastle
- Barts Health
- Somerset
- South Tees
- Evelina
- Bristol
- Belfast
- Edinburgh
- Nottingham
- Leeds
- Stoke
- Great Ormond Street
- Norfolk & Norwich
- Manchester
- RNOH
- Southampton
- St George's
- Oxford

A big thank you to all participants for your ongoing involvement in the study!

Remember to visit our website to learn more about the study, including videos and links to other helpful information.

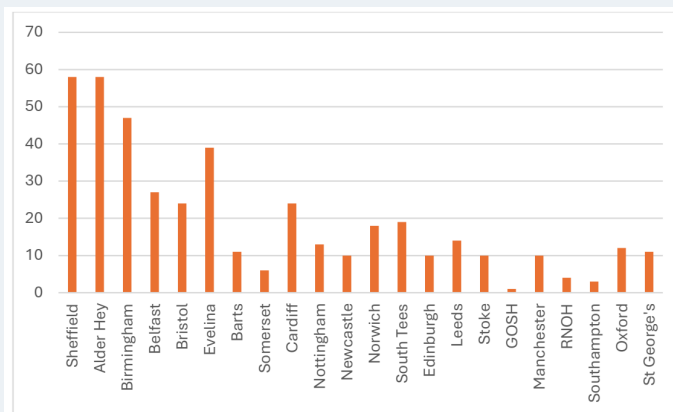


## Latest News

Hello from the BASIS team!

The BASIS Study continues to include more patients each month, and we want to thank all of you for your continued support.

⇒ We now have **432** patients taking part in the BASIS Study, which is more than halfway to the recruitment target (780)!



**X-ray tips:** Please remember to remove your brace 2-24 hours before you come to hospital for your x-rays

Please remember to complete your BASIS study questionnaires, and to return the sensor from your brace when you reach the end of bracing for the study – there are prize draws every few months to win shopping vouchers!

### BASIS2

We now have 18 patients taking part in BASIS2. This is another study that you may be offered towards the end of your bracing in BASIS. Your spinal team will have more information on whether this will be relevant for you, and you can find out some more general information on the BASIS website.



**Did you know** there's a charity called Scoliosis Support & Research in the UK? They're really great at helping young people like you who have scoliosis! They organise small, local fun meet-ups for around a dozen people as well as larger patient meetings for up to 100 people where you can make new friends who understand what you're going through. It's a chance to talk, share stories, and learn from others who also have scoliosis. Lots of young people have scoliosis, and meeting others who understand can make a big difference! You can find more information at <https://ssr.org.uk/>

Coming up soon:

- A patient meeting in London (Stanmore area) on the 29th June
- More events are being planned in other cities too

For more information, please contact James Alculumbre, SSR Community Engagement Manager on [james.alculumbre@ssr.org.uk](mailto:james.alculumbre@ssr.org.uk)

