

BASIS study newsletter



Bracing Adolescent Idiopathic Scoliosis – night-time versus full-time bracing in adolescent idiopathic scoliosis

ISSUE [6]

KEY FACTS:

The hospitals taking part in BASIS and accepting patients are:

- Sheffield
- Alder Hey
- Birmingham
- Cardiff
- Newcastle
- Barts Health
- Somerset
- South Tees
- Evelina
- Bristol
- Belfast
- Edinburgh
- Nottingham
- Leeds
- Stoke
- Great Ormond Street
- Norfolk & Norwich
- Manchester
- RNOH
- Southampton
- St George's
- Oxford

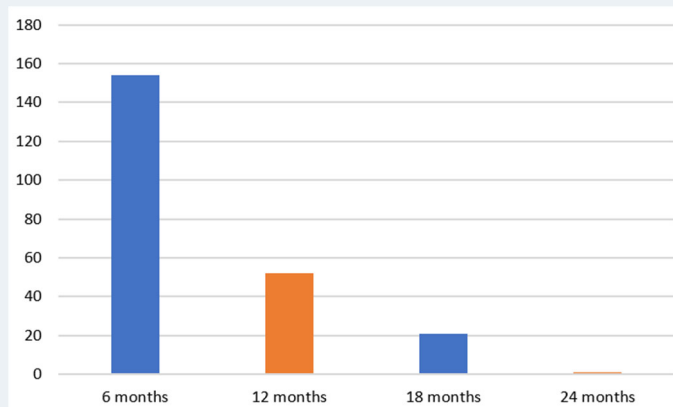
Latest News



Happy New Year from all of us on the BASIS study team!

The BASIS Study continues to include more patients each month, and we now have 22 out of the 24 spinal centres across the UK taking part!

- ⇒ We now have **246** patients taking part in the BASIS Study.
- ⇒ The graph below shows the number of patients who have reached their 6 month, 12 month, 18 month, or 24 month follow-up appointments



As many of you will be reaching these crucial follow-up points, we'd like to remind you that you will have an x-ray every 6 months which will be done out-of-brace. Ideally, you should have the brace off for between 2-6 hours before the x-ray is taken (6 hours is preferable!).

Please remember to complete your online questionnaires when they're emailed over to you! All those that complete their questionnaires on time will be entered into a prize draw. :)

If you are experiencing any difficulties, please be reminded of the following organisations who are able to provide further support if necessary (these can also be found on the BASIS website):

- **Scoliosis Association UK (SAUK)** www.sauk.org.uk
- **The Sleep Charity** www.thesleepcharity.org.uk/information-support/adults/sleep-hub
- **Shout 85258** www.giveusashout.org

A big thank you to all participants for your ongoing involvement in the study!

Please ensure you keep your local research team up to date with any changes to your contact details.

Remember to visit our website to learn more about the study, including videos and links to other helpful information.

